

Certified Training Intensive

Attend a live, certification program facilitated by Nurtured Heart Approach creator, Howard Glasser, for parents and professionals.

In the training you will learn the methodology of the approach: **The 3 Stands, Recognitions, Resets, and Inner Wealth**

Perks of being virtual

No travel expenses, connect and network with others, comfort of your own space, lunch time talks, and an occasional dance party!

Format

Online via Zoom with interactive presentations led by Howard Glasser and the Peer Leadership Team.

As a first time Attendee (Certified Trainer - CT)

- Small group reflection sessions (4 minutes) throughout the day to promote discussion on the material.
- Longer session at the end of each day with a designated activity to practice implanting the approach.

As an Advanced Trainer Attendee (Advanced Trainer – AT)

- Will have a morning meeting with the Peer Leadership Team to get you ready for the small groups in the General Session. In your small breakout groups, your Peer Leader (PL) will go over the activity that YOU will lead your Certified Trainers in (CT's) throughout the week.
- Leadership Capstone: AT's will participate in a Leadership Capstone on the last half of the day on Friday with Howard Glasser and the Peer Leaders. This is a time to reflect on your journey as an Advanced Trainer and next steps moving beyond the CTI.

Certification Trainer Guides are provided.

Sample NHI CTI Schedule

Sunday

* Note start times

1:30 – 2:00 PM	TECH CHECK ATs (returning participants)
2:00 – 4:30 PM	*Advanced Trainer Meeting with Howard Glasser and Peer Leaders

Monday

* Note start times

7:30 – 8:30 AM	*Advanced Trainer Morning Meeting
8:45 – 10:30 AM	*Welcome/General Session
10:30 – 10:50 AM	Break
10:50 – 12:20 PM	General Session
12:20 – 1:35 PM	Lunch
1:35 – 3:05 PM	General Session
3:05 – 3:25 PM	Break
3:25 – 4:55 PM	General Session

Tuesday-Thursday

* Note start times

7:45 – 8:45 AM	*Advanced Trainer Morning Meeting
9:00 – 10:30 AM	General Session
10:30 – 10:50 AM	Break
10:50 – 12:20 PM	General Session
12:20 – 1:35 PM	Lunch
1:35 – 3:05 PM	General Session
3:05 – 3:25 PM	Break
3:25 – 4:55 PM	General Session

Friday

* Note start times

7:45 – 8:45 AM	*Advanced Trainer Morning Meeting
9:00 – 10:30 AM	General Session
10:30 – 10:50 AM	Break
10:50 – 12:20 PM	General Session / Small Group Break Out (Burning Questions)
12:20 – 1:35 PM	Lunch
1:35 – 3:05 PM	1:35 – 1:45 / final comments on high fidelity 1:45 - 2:20 / Burning Questions Whole Group 2:20 – 2:35 / Graduation 2:35 – 3:05 / Final Small Group Breakout (Appreciations) 3:05 CTs log off – congratulations!!!
3:05 – 3:25 PM	AT Break
3:25 – 4:55 PM	*AT leadership track capstone w/ Howie and PLs